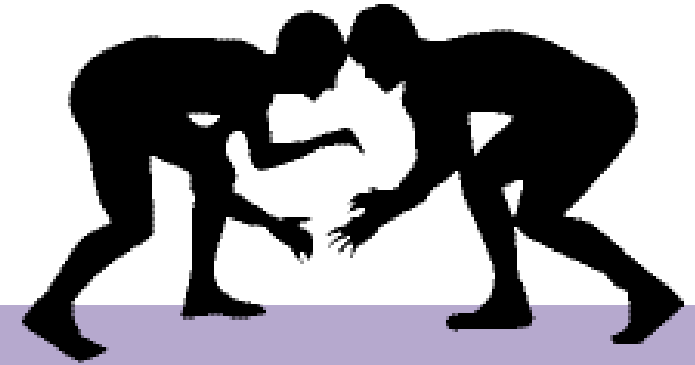




WRESTLING

FOR BOYS AGES 5 - 14



Wave Wrestling Camp is designed for both the beginner and more advanced wrestler. Each participant will receive personalized instruction from some of the best coaches in Tennessee.

CAMP SESSION & TIME

June 19 – 22
Monday – Thursday
9:00 AM - 12:00 PM

COST

\$95.00*

** Preregistration
After June 12TH \$105*

LOCATION

CHRISTIAN BROTHERS HIGH SCHOOL
Heffernan Hall

Our coaches create an atmosphere of fun, that encourages “Love for the Sport”.

The objective of this camp is to teach basic wrestling skills to beginners as well as advanced technique to more experienced individuals. Although there will be some competition among the participants during camp, the main focus will be on skills development. Our goal is to make certain that each wrestler thoroughly understands technique.

Each participant will receive personalized instruction from some of the best coaches in Tennessee. Emphasis will also be placed on the total training experience, including fundamentals of tumbling, stretching, and proper fitness training. This camp will be both fun and informative for all those involved.

This camp is open to boys and will be grouped by age, experience and skill level.

Group 1: ages 5-7, **Group 2:** ages 8-10, and **Group 3:** ages 11-14.

COORDINATORS

John Michael Simpson - CBHS Wrestling Coach/Camp Director
assisted by current CBHS wrestlers and alumni.

[CLICK HERE TO REGISTER](#)

and mail payment to:
CBHS WRESTLING CAMP
c/o John Michael Simpson
5900 Walnut Grove Road • Memphis, TN 38120

Include camper’s name in check memo.

FOR MORE INFORMATION

Contact Coach **Simpson** at jsimpson@cbhs.org